



# 26th Stage des Iles (Cannes – Lérins Islands, France) May 5-8, 2005

In occasion of the banquet for the 25th anniversary of the seminar, you unanimously determined the continuation of the seminar. Without the intention of falling into pettiness, the organizers and the technical staff are willing to thank you for the confidence you have showed them, but they are aware that this seminar would not have turned so successful without your faithful attachment. Therefore, without the slightest doubt, out of respect for this attachment, we decided to go on with the seminar up to its 30th anniversary.

Different orders of reasons pushed us to consider the end of the Stage des Iles. First of all, the uncertainty concerning the future of the Fortress, which comes out of «political» struggle between the association «Cannes Jeunesse», which runs the Fortress, and the municipality of Cannes, which holds the usufruct granted by the French Army, proprietor of the site. This querelle is not yet composed, nevertheless it did not hinder the seminar be carried out each year.

On the other hand, undeniably the continuous growing of the number of participants forced us - given the Fortress facilities - to modify the organization of the seminar. In particular, this affected practice by the creation of the famous 'ateliers' which could have generated some frustration in



Cannes 2005

those who don't possess the gift of ubiquity. In this way, we gave up the leading concept that prevailed while creating this seminar: multidisciplinary.

In fact, originally all participants had to practice the three disciplines. We took this frustration into account and we shall try to correct it with a compromise solution.

Lastly, «heroes are tired», therefore we shall call more and more often for the young generations of teachers formed within the seminar in order to lead the training, under the benevolent and compassionate eye of the «elders».

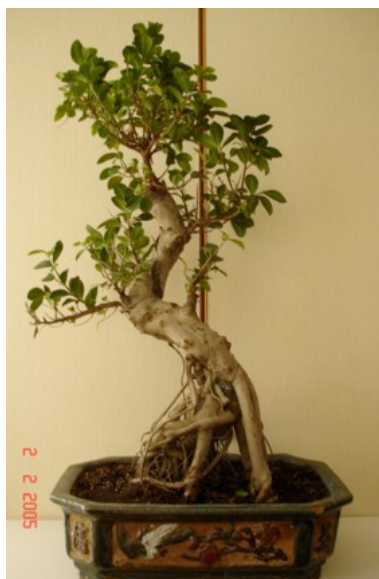
This 26th edition will be full of surprises and novelties, but certainly with no risk of losing the peculiar atmosphere that made this seminar renown.

By way of conclusion, the 26th hexagram of the Yi-King is «TA CH'U», the "taming power of the great".



This sign encompasses the notion of "holding tightly", with the threefold meaning of "keeping together", "restraining" and "cultivating, nurturing". We could never say anything better than this for this 26th... and for the following others.

Tiki & Daniel





# 26th Stage des Iles

(Cannes – Lérins Islands, France)

## May 5-8, 2005

### Programme of the seminar

#### • Thursday, May 5

12.30	lunch
15.00	opening of the seminar
15.30-17.00	keiko
17.00-18.30	keiko
19.30	dinner
21.00	mondo

#### • Friday, May 6

6.00-7.30	keiko (ateliers)
8.15	breakfast
9.30-12.00	keiko
12.30	lunch
15.00-16.45	keiko
17.00-18.45	keiko
19.30	dinner
21.00	mondo

#### • Saturday, May 7

6.00-7.30	keiko (ateliers)
8.15	breakfast
9.30-12.00	keiko
12.30	lunch
15.00-16.45	keiko
17.00-18.00	keiko
19.00	aperitif
20.00	dinner
21.00	music and dance

#### • Domenica, May 8

6.00-7.30	keiko (all)
8.15	breakfast
9.30-11.00	keiko
11.00-12.00	embu
12.00	official closing of the seminar
12.30	lunch
15.00-16.30	shiken (in case of candidates)

## AIKI

**Stéphane**

**Benedetti**



*(Photo Anne Riguet)*

## IAI/KEN

**Malcolm T.**

**Shewan**



## JO

**Pascal**

**Krieger**



*(Photo Anne Riguet)*



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## Application form

Surname \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_

ZIP code \_\_\_\_\_ Town \_\_\_\_\_ Country \_\_\_\_\_

Date of birth \_\_\_\_\_ Nationality \_\_\_\_\_

Mobile phone \_\_\_\_\_ Email \_\_\_\_\_

Regularly training in :  AIKIDO  IAI  JO

Have you ever participated in a Stage des Iles ?  YES  NO

Complete seminar (full board + seminar).....270 €

Day of practice for external participants (*meals not included*).....40 €

**The present form, together with a 150 € cheque in the FEI name,  
must be sent within April 1, 2005 to the following address:**

Sig. Daniel LECLERC

Via Massarenti,27 - 20148 MILANO (ITALY)

☎ + 39/338 488 5123 - e-mail : [daniel.leclerc@free.fr](mailto:daniel.leclerc@free.fr)

**VERY IMPORTANT**

*to be filled mandatorily*

I will participate to THURSDAY lunch  YES  NO

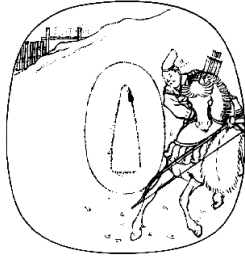
I will participate to SUNDAY lunch  YES  NO

I am VEGETARIAN  YES  NO

I hereby declare to be fully insured against any possible accident that may arise during this seminar, and I wave out any responsibility from the organizers on this matter.

Place \_\_\_\_\_, date \_\_\_\_\_ 2005

Mandatory signature



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## How to get to the Sainte Marguerite island?

### How to get to Cannes from the Nice-Côte d'Azur airport ?

The Cannes/airport/Cannes bus line runs along the following time schedule:

Departures from Cannes :

7.00 - 8.00, then every 1/2 h. until 18.00, then at 19.00

Departures from the Nice-Côte d'Azur airport :

8.00 - 9.00, then every 1/2 h. until 19.00, then at 20.00

Please note that the bus stop for this line in Cannes is 100 mt. away from the ferry pier for the Islands.

### How to get to the ferry pier from the Cannes train station?

The ferry pier is at 5 minutes walking from the train station.

You can download a plan of the town of Cannes in PDF format from the FEI website: « [www.fei-iai.ch](http://www.fei-iai.ch) ».

## Ferry lines time schedule

Departures from Cannes :

7.30 - 9.00\* - 10.00 - 10.30\* - 11.00 - 11.30\* - 12.00 - 12.30\*

14.00 - 14.30\* - 15.15 - 16.15 - 17.15

Departures from the S.te Marguerite island :

7.45 - 10.15\* - 12.00 - 15.00 - 16.00 - 17.00 - 18.00

\*runs only if needed

## Car parking

If you're coming to Cannes by car: the parking near the ferry pier and the others along the roads of the city center are not free. There are some parking lots nearby, but the cost is relatively high (over 50 € for 3 days).

You can download a plan of the Cannes public parking lots in PDF format from the FEI website: « [www.fei-iai.ch](http://www.fei-iai.ch) ».

## Tourism on the Islands

Even if the seminar schedule leaves little time for tourism, we invite you to have a look at a brochure about the Lérins islands, published by the city of Cannes, which you can download in PDF format from the FEI website: « [www.fei-iai.ch](http://www.fei-iai.ch) ».

